



A visit to



Social Story

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Bendigo Victoria
Phone 03 5434 6100
[Website](#)



Guidelines

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For your Social Story to be successful, we recommend you follow these guidelines.

- Read Social Story often and preferably 2 weeks in advance of visit.
- Social Story to be read and shared in an environment free of distractions.
- Be calm, comfortable and honest when reading a Social Story.
- Help the participant comprehend key points and consistently monitor for level of understanding.
- Once the visit has taken place, revisit the Social Story to celebrate success.



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I am going to visit The Capital.

The Capital is a performing arts theatre.

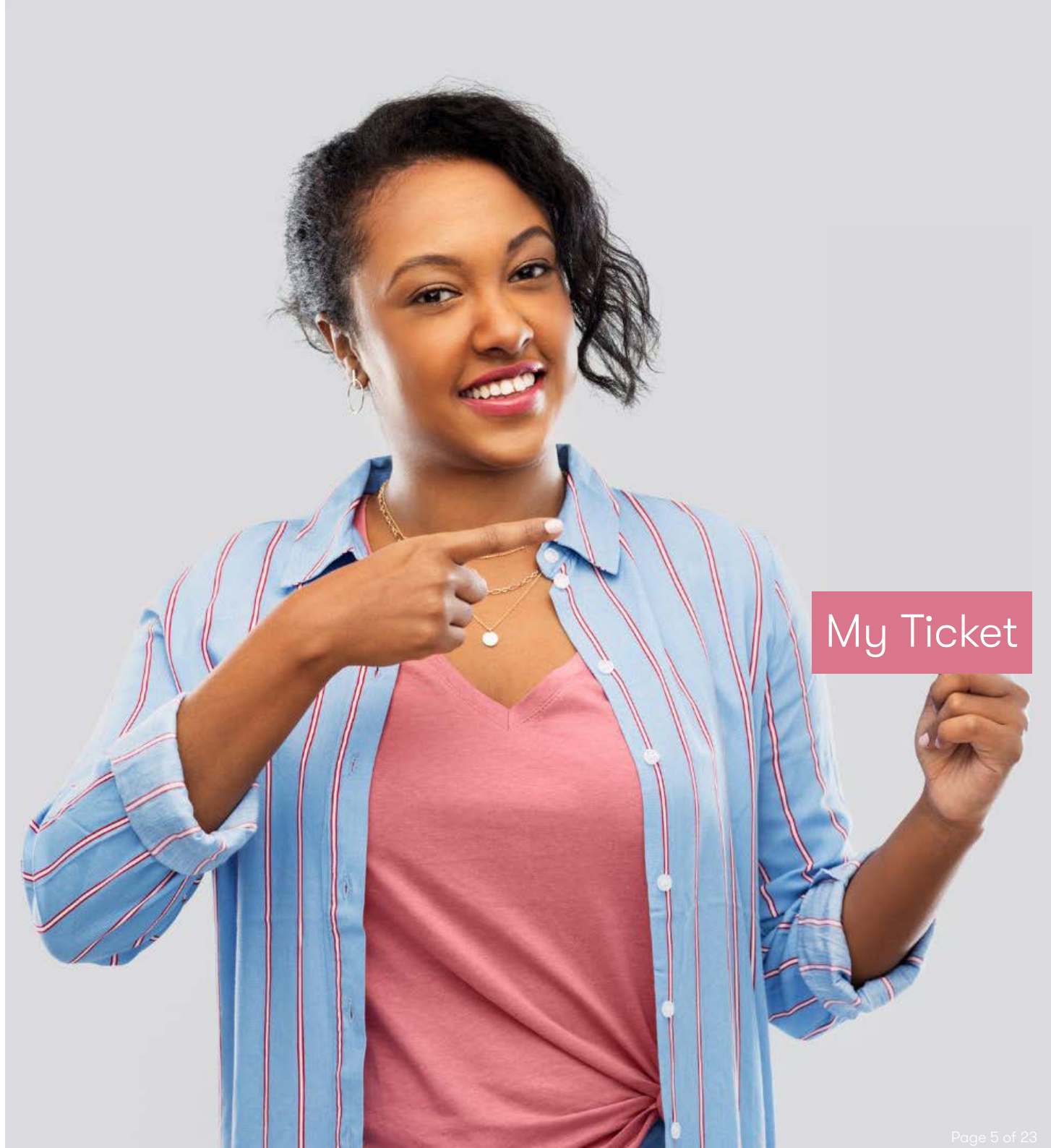


There are different types of performances that I can see at The Capital:

- a theatrical performance
- an orchestra
- a musical
- opera
- comedy
- dancing
- singing.



It is important to remember to bring my ticket.



The Capital has two theatres for performances:

- The Capital Theatre Auditorium
- The Bendigo Bank Theatre.



The Capital Theatre Auditorium



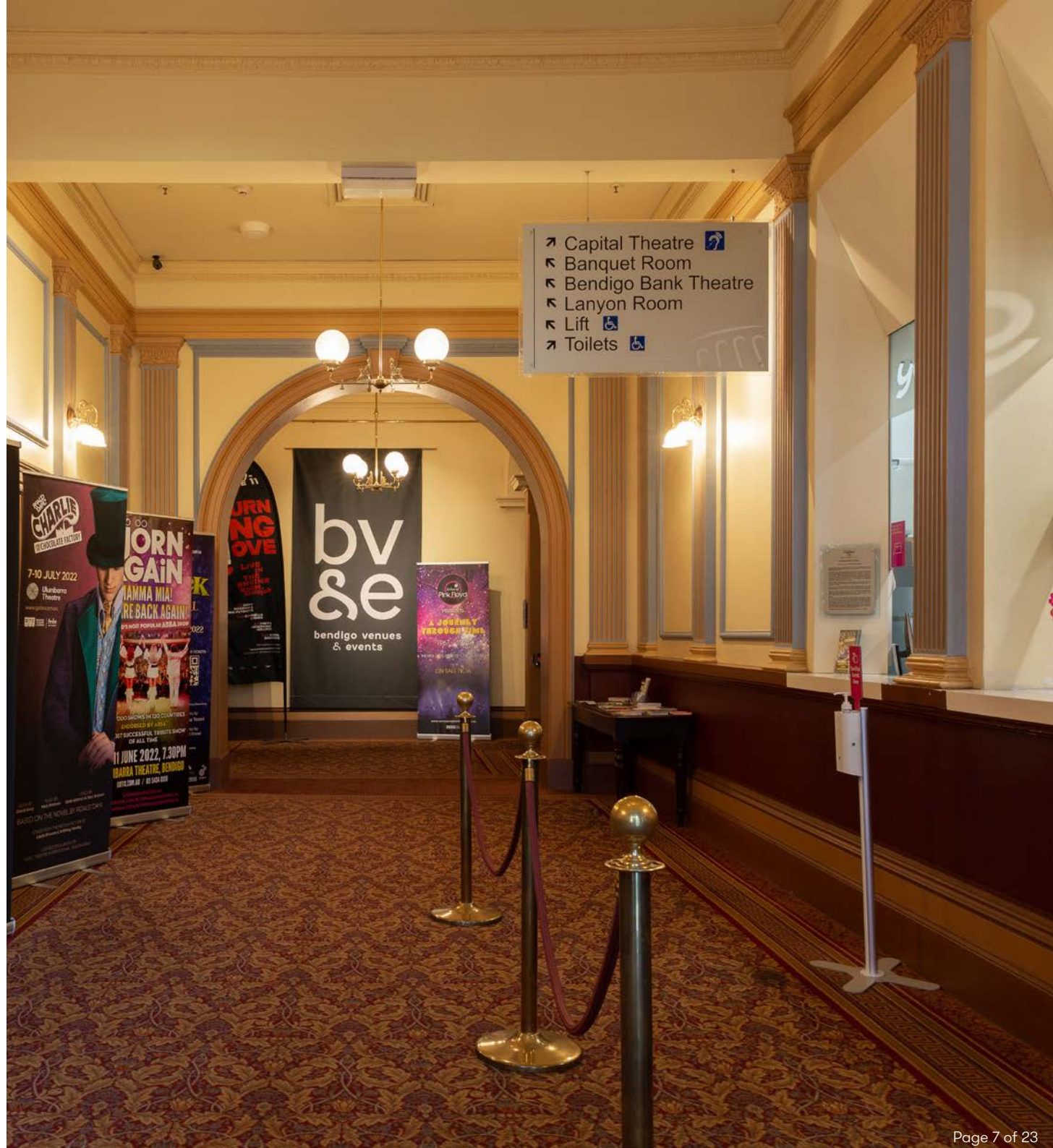
The Bendigo Bank Theatre

There will be signs to show me where to find the theatres.

I can follow the signs or ask a staff member for assistance.

The main auditorium is on level one.

The Bendigo Bank Theatre is on the ground level.



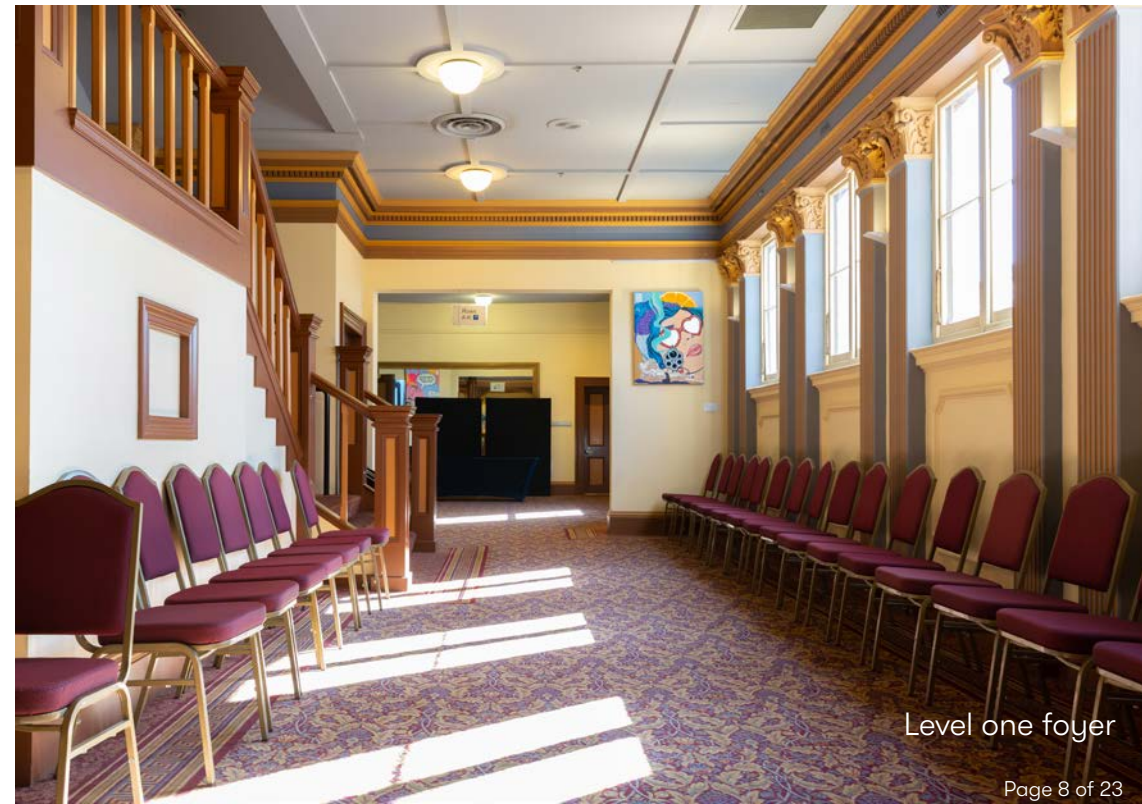
The Capital has waiting areas called foyers.

Foyers are where people wait before a show starts.

I might go to a foyer to wait for the performance to begin.



Ground floor foyer



Level one foyer

There might be lots of people waiting in the foyers.

I might hear background music.

Sometimes, it might be crowded and noisy.

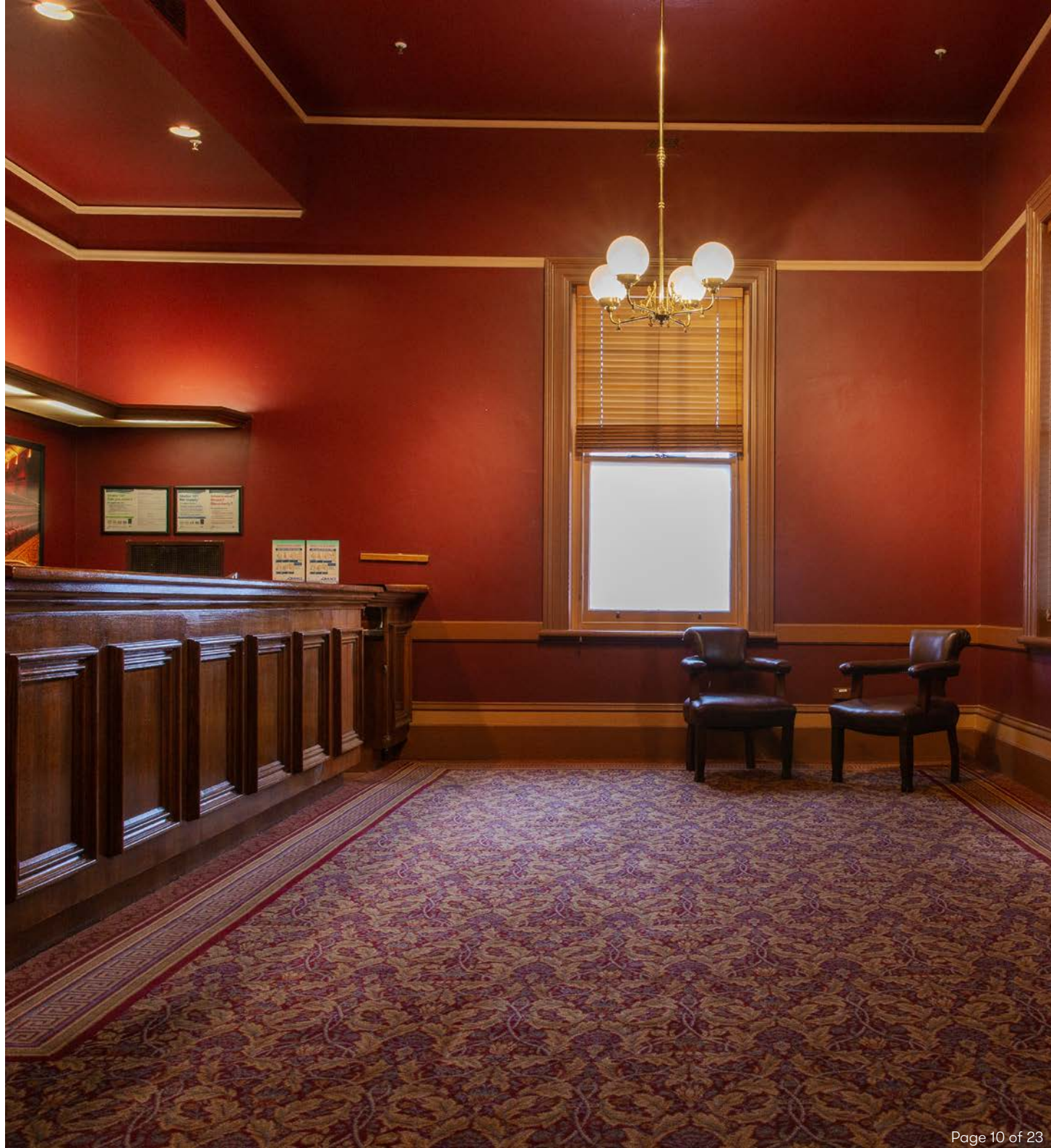


To help with the noise, I can bring my ear defenders or ear plugs.

I can go to the nearby Lanyon Room for some quiet time.

This is a room to relax, away from the noise and crowds.

My support person can come with me.

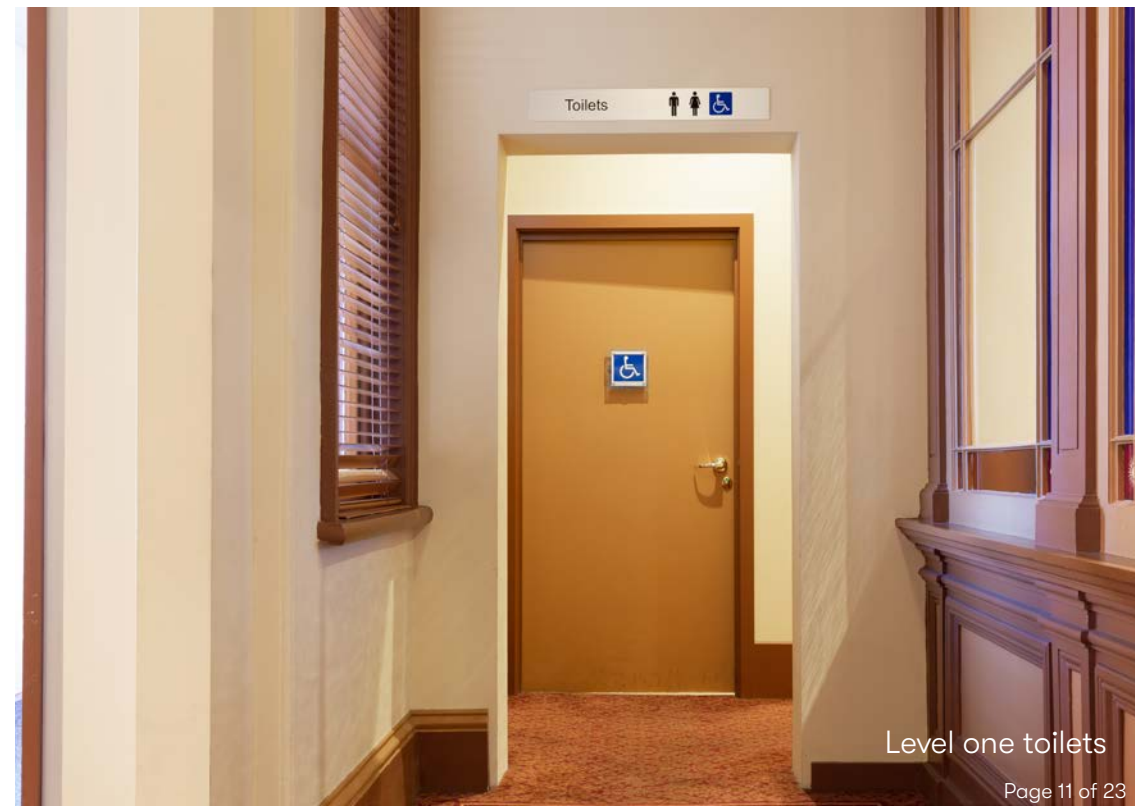


There are toilets at The Capital.

My support person will be able to show me where they are.

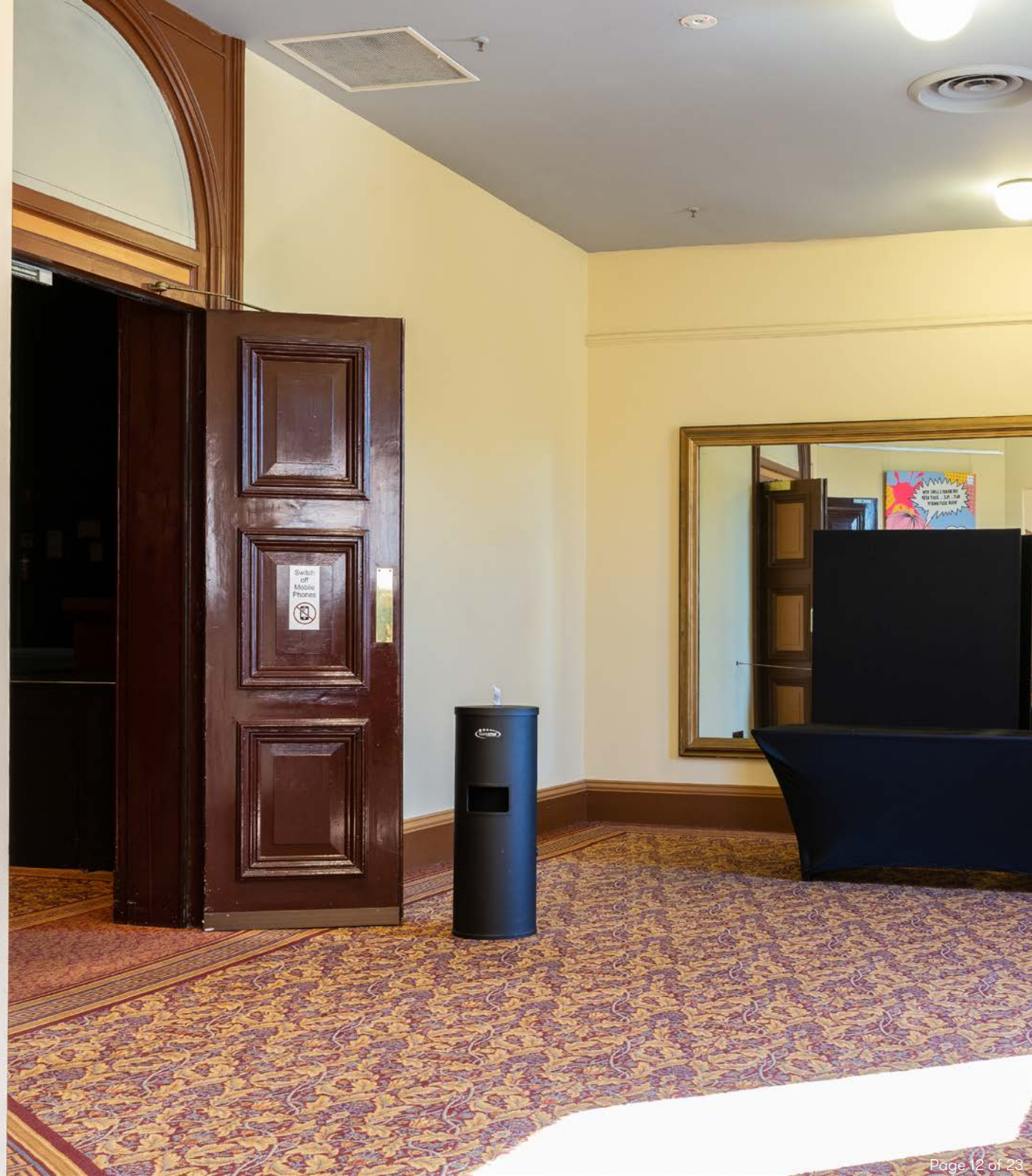


Ground floor toilets



Level one toilets

The doors to the theatre will open before the performance time.



I might see people standing at the doors of the theatre.

They are called ushers.

Ushers show people to their seats.

They will be wearing black clothes, a pink lanyard and a name tag.



I will show an usher my ticket.

My ticket might have a row and seat number on it, to show me where to sit.

Ushers can help me to find my seat.



The lights in the theatre might turn off when it is time for the performance to begin.



There could be loud music, singing or voices during the performance.

There might be bright or flashing lights.

There might be lots of other people watching the performance too.

There might be clapping and cheering.



I can go to the Lanyon Room to have a break from the noise and the crowd.

I can wear my ear defenders or ear plugs.



There might be a break in the middle of the performance.

This is called an intermission.

The lights will come on in the theatre during intermission.



I might want to leave the theatre to go to the toilet.

I might want to get something to drink from the bar.

When intermission is over, I might hear a chime or bell.

I might see ushers asking people to go back into the theatre.

It is time to go back to my seat to watch the rest of the performance.



At the end of the performance or event, the lights will come on.

It will be time for me to leave the theatre.



There might be lots of people leaving at the same time.

I might wait in my seat for a few minutes for the crowds to leave.

The ushers can help show me which doors are best to exit from.



The Capital is a wonderful place for a performance or event.



Contact

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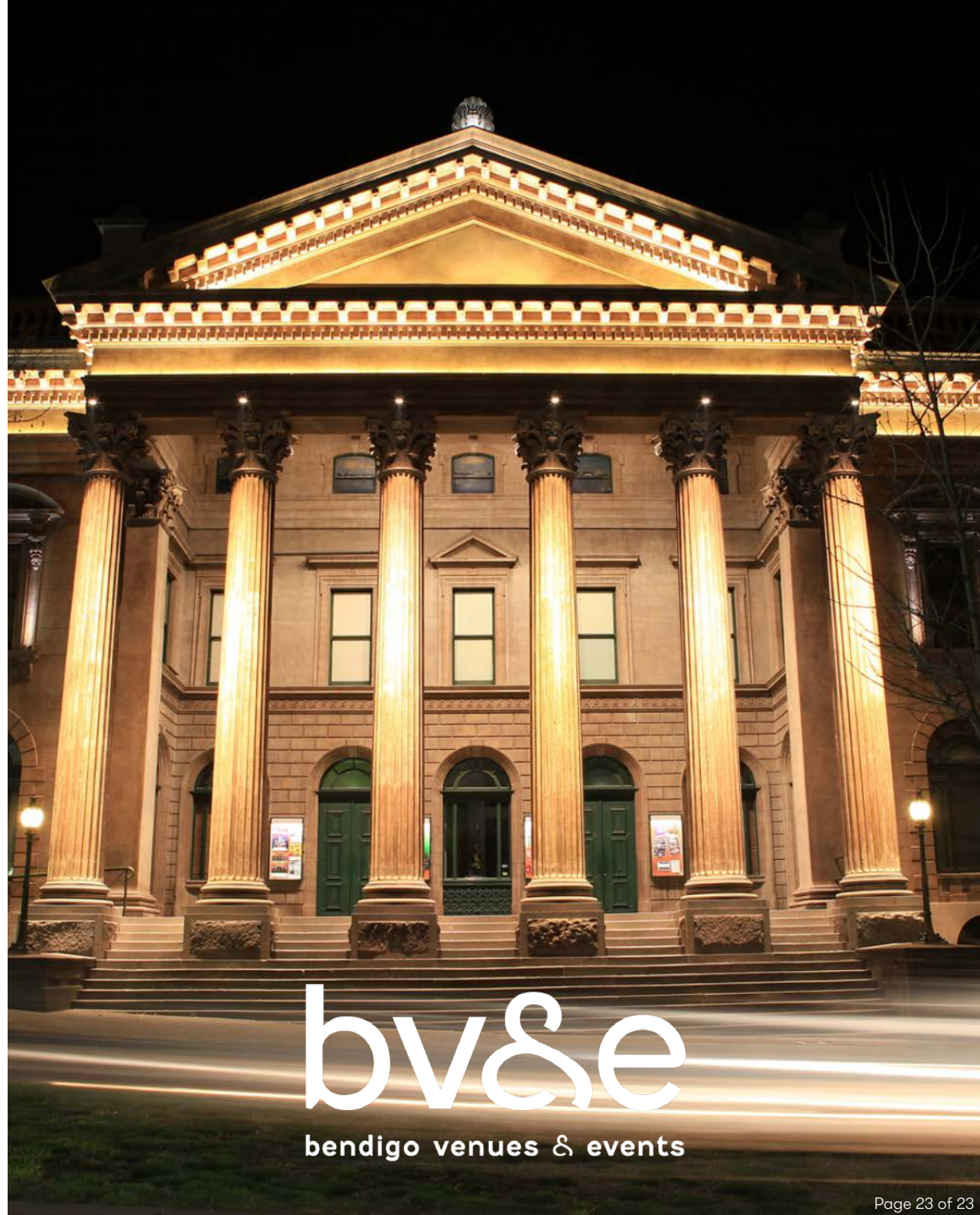
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